

He Waka eke noa ki te pae tawhiti

Level 1	Level 2	Level 3	Level 4
Timata – Years 1 & 2	Haemata – Years 3 & 4	Whanake – Years 5 & 6	Kotahitanga – Years 7 & 8
SEXUALITY EDUCATION			
<p>Sexuality Education provides students with the knowledge, understanding and skills to develop positive attitudes towards sexuality, to take care of their sexual health and to enhance their interpersonal relationships now and in the future. This will include at least 12-15 hours of planned learning time per year. Outside providers can enhance programmes but sexuality education remains the responsibility of classroom teachers. Classroom teachers know students and communities and are best placed to deliver programmes.</p>			
<p>Me and Other People...</p> <ul style="list-style-type: none"> - Describe how to make new friends and share ways to relate to friends in a positive way - Identify and show ways to overcome challenges in friendship - Come up with guidelines to promote positive friendships and healthy classrooms - Learn and use positive strategies, and identify who can help them when being bullied or seeing others being bullied. - Express their own ideas, needs, and feelings about bullying. - Be part of developing and following guidelines that contribute to safe and positive environments in the class and school. <p>Me and My Body...</p> <ul style="list-style-type: none"> - Describe their stages of growth and development - Describe their needs and how they have changed since they were a baby - Understand appropriate and inappropriate touch - Express their feelings and need for their body - Understand who can help them and others - Describe how they can keep their body 	<p>Me and Other People...</p> <ul style="list-style-type: none"> - Identify the personal qualities of a good friend - Share and demonstrate ways to relate to friends in positive and healthy ways - Contribute to guidelines that promote positive friendships and socially healthy classrooms - Describe and use positive strategies, and identify who can help them when being bullied or witnessing bullying. - Clearly express their own ideas, needs, and feelings about bullying, and listen sensitively to the views of others. - Take action by developing and following guidelines that contribute to safe and positive environments in the classroom, school, and community. <p>Me and My Body...</p> <ul style="list-style-type: none"> - Demonstrate increasing responsibility for self-care and positive attitudes towards their bodies. - Use correct terminology to name and describe the different parts of their bodies - Understand what appropriate and inappropriate touch means - Express their feelings and need for their body 	<p>Me and My Body...</p> <ul style="list-style-type: none"> - Develop knowledge of puberty, and growth and development needs. - Develop a positive body image - Identify risks and plan safety strategies - Describing personal characteristics - Develop knowledge about conception and contraception <p>Me and Other People...</p> <ul style="list-style-type: none"> - Identifying and affirming the feelings and beliefs of self and others - Making friends and supporting others – being inclusive. - Recognising and challenging bullying, stereotyping, and body image messages - Identifying pressures from others and from own feelings. Demonstrate assertive responses to pressure. - Choosing, making, maintaining and changing friends - Recognising discrimination and acting to support others - Affirming gender diverse identities <p>Me and My Community...</p> <ul style="list-style-type: none"> - Recognise media, social media and consumer influencers. - Explore how media representations of games and sport can reinforce gender stereotypes - Explore and critique online, social, and 	<p>Me and My Body...</p> <ul style="list-style-type: none"> - Develop knowledge about adjusting and managing pubertal change - Develop knowledge about conception and contraception - Recognising and dealing with harassment and abuse, including in online and social media contexts - Identifying the influence of gender and sexuality stereotypes on self worth - Support the rights & feelings of self & others - Identify pressures in intimate relationships and develop assertiveness skills - Recognise lifestyle factors, media influences, and stereotypes - Deal with harassment - Critique dominant messages about body image and body size, and affirming diversity - Identify how social messages regarding body image and gender affect self worth <p>Me and Other People...</p> <ul style="list-style-type: none"> - Explore concepts about love, attraction, and romance - Describe personal gender identity and critique media messages about gender, relationships, and sexuality. - Plan strategies for supporting self and

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<p>clean and healthy</p> <ul style="list-style-type: none"> - Describe how germs are spread and use appropriate hygiene practices to prevent this. - Identify who can help them and others keep their bodies clean and healthy. - Use correct names for body parts <p>Me and My Community...</p> <ul style="list-style-type: none"> - Identify local health professionals and services and explain how they keep people healthy 	<ul style="list-style-type: none"> - Describe and use strategies to stop inappropriate touching for themselves and others - Contribute to and use simple guidelines to keep themselves and others physically and emotionally safe. - Demonstrate respect for their bodies and those of others - Describe and use hygiene practices to clean and care for their bodies and understand why these are important. <p>Me and My Community...</p> <ul style="list-style-type: none"> - Identify their local health-care professionals and support services and explain how they enhance the well-being of the community. 	<p>popular media representations of gender, sexual orientation, and body image</p> <ul style="list-style-type: none"> - Developing strategies for enhancing family well-being - Explore community events that celebrate and affirm diversity - Be involved in developing harassment policies, including strategies for social media and online contexts 	<p>others in online environments.</p> <ul style="list-style-type: none"> - Identifying the importance of positive and supportive intimate and family relationships - Demonstrating assertiveness and problem solving skills applicable to family relationships, and intimate relationships - Recognising the effects of changing roles on relationships <p>Me and My Community...</p> <ul style="list-style-type: none"> - Access health care agencies and evaluating their roles - Explore different cultural perspectives on gender and sport - Critiquing gendered and sexualised media images - Critiquing heteronormative messages and practises in the school and media - Developing policies for supporting diversity of gender and sexual identities
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