





School Cross Country Term 3, Week ONE - Wednesday 19 July **

Save Day: Wednesday 26th July

Students have been training hard for this year's Cross Country. Keep up your training over the holidays break in preparation for week one!

Students are encouraged to wear their <u>whanau_colours</u>, please ensure clothing is suitable to run in, as well as a warm jacket and drink bottle for after the race. Running shoes are recommended.

For Supporters coming to watch the races: please use the side gate walkway entrance, an area beside the hall has been roped off for supporters.

If you decide to take your child home at the end of the events - please ensure they are signed out on the vistab at the office.

Should we need to postpone due to weather - a decision will be made by noon on Tuesday 18th July and notifications will be posted on the school website and skool loop APP.

<u>Timetable for the day</u>

10:40 am	First race starts (refer race times below)		
12:30 pm	Estimated finish time of races		
12:35 pm - 12:50 pm	Eating in class		
12:50 pm	Meet and assemble		
12:55 pm	All teams groups seated under the canopy/courts;		
1:00pm	Medal ceremony begins		
1:25 pm	Back to Class		
1:35 pm	Lunch Break		

Race Times

Start times (Approx)	Year Group	Start times (Approx)	Year Group
10:40 am	Year 7 / 8 boys	11:35 am	Year 4 girls
10:45 am	Year 7 / 8 girls	11:40 am	Year 0 girls
10:50 am	Year 5 girls	11:45 am	Year 0 boys
10:55 am	Year 5 boys	11:50 am	Year 1 girls
11:00 am	Year 6 girls	11:55 am	Year 1 boys
11:05 am	Year 6 boys	12:00 pm	Year 2 girls
11:20 am	Year 3 boys	12:05 pm	Year 2 boys
11:25 am	Year 3 girls	12:15 pm	Teacher Race TBC
11:30 am	Year 4 boys		